

REPORT ON “INAUGURATION OF SELF DEFENCE TRAINING PROGRAMME FOR GIRL STUDENTS”

Date-01/11/2018

Shree Ram College, Rampur organised an inaugural meeting of self-defence training programme for girl students on dt. 01-11-2018 at the College premises. Dignitaries Dr. Rameswar Naik, Principal S.R.C Rampur, D.P Sahu, Administrative Bursar, A.K Patra, Co-ordinator IQAC, D.C. Padhan, Principal Incharge +2 Wing, Miss Bijayalaxmi Mahananda, Programme Co-ordinator, were present on the dias. The meeting started with the lighting of the holy Lamp by the Principal, accompanied by other dignitaries' members was present on the dias. The meeting was introduced by Miss B.L. Mahananda. Addressing the meeting Miss Mahananda focused on the Self-defence training and its importance for girls. The meeting was then presided over by Dr. Naik, Principal, Shree Ram College, Rampur .



Speaking on the occasion IQAC Co-ordinator Mr. Patra focused lights on the objectives of introducing this programme in colleges and self-defence of the girl students.



D.P Sahu, Administrative Bursar of the college shared his views on this occasion. He talked about the importance of the change of the mind-set along with the physical training.

D.C. Padhan, +2 Principal Incharge also shared his thoughts regarding the training programme.

Dr. Rameswar Naik, Principal SRC, Rampur narrated his own experience by the telling a story. The moral crux of his speech was that one needs to be mentally strong to defeat a comparatively strong person.



Master trainers Rashmita Rani Meher and Namrata Sethi from Sidhatha College, Binka, introduced themselves.

Mr. Kusha Panda, a social activist of our locality recited Koshali Kabita written by Padmashree Haldhar Nag.

The meeting was finally wrapped up by Mrs. Pankajini Sahu, Lect. in Education proposed the vote of thanks.

